

Women in Health Collaborative Fund Information Session

► October 3, 2025

► Please put questions in the
chat



WOMEN'S FUND
OF CENTRAL INDIANA

 A CICF FUND

Welcome and Women's Fund Mission Statement

Women's Fund of Central Indiana convenes, invests, and advocates so all who identify as women or girls living in central Indiana have an equitable opportunity to reach their full potential no matter their race, place, or identity.

Background

Women in Health Collaborative Fund created to provide funding to organizations providing health services.

Harness work, wealth, and wisdom of women in health care to improve health outcomes.

2025/2026 grantmaking focus: reproductive and sexual health, maternal mortality, mental health.

Application Parameters

- ❑ Serve self-identified women/girls in 8-county central Indiana
- ❑ Program grant only
- ❑ Staff and indirect costs allowable
- ❑ Applications demonstrating collaboration and innovation prioritized
- ❑ Strongly encourage inclusion of organizations working directly in the community and serving most vulnerable underserved populations
- ❑ Organizations are strongly encouraged to partner with a grassroots organization(s) serving underserved populations
- ❑ Maximum allowable request: \$50,000

Application Parameters

- ❑ September 2025 grantees and other orgs may apply; March 2025 Women in Health grantees may NOT apply.
- ❑ Organization submitting application will serve as fiscal agent and receive the funds. Requested board/financial documents come from the applicant organization.
- ❑ Grant period: April 1, 2026 - March 31, 2027.
- ❑ Applicant organization must be nonprofit 501(c)(3) and have a board composed of at least 50% individuals who identify as women. If you are interested in using a fiscal sponsor, please contact Julie Koegel at juliek@cicf.org to discuss prior to application submission.

Priority Given to:

Programs serving women/girls with high needs but less able to get services.

Organizations that can demonstrate they are culturally competent and provide trauma informed services.

Funding Priority: Reproductive and Sexual Health

Reproductive rights/health and access
to sexual health and education

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Increased access to affordable
reproductive and sexual health care

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Increased/improved education on
reproductive and sexual health

Funding Priority: Maternal Mortality

Improved access to geographic, affordable, equitable and evidence-based maternal care during pregnancy, delivery and post-partum

Services recommended in IN Maternal Mortality Review Committee Annual Report

Funding Priority: Mental Health

- ❑ Evidence-based mental health treatment or other therapeutic modalities
- ❑ Increased/improved programming focused on image and identity
- ❑ Improved access to and knowledge about existing services
- ❑ Decreased stigma relative to mental health services

FAQ

- ❑ Must organization only serve women and/or girls? No, but funded services must be gender specific and only serve women/girls.
- ❑ Must applicant organization have a board that is at least 50% female? Yes. However, if a fiscal agent will be used, please discuss this with Julie Koegel prior to application. It is possible an exception will be made if the circumstances are uncommon.

FAQ

- ❑ Must partner(s) have a board that is at least 50% female? That would be preferable and would make the application stronger but is not required.
- ❑ Can I apply for less than \$50,000? Yes
- ❑ Can I apply for more than \$50,000? No
- ❑ Can an organization apply without partners? Yes, but applications demonstrating collaboration and innovation will be prioritized, particularly those working with grassroots organizations serving underserved populations.

FAQ

- ❑ What does reproductive and sexual health include?
 - ❑ State of physical, mental, and social well-being related to the reproductive system at all stages of life.
 - ❑ Ability to have a responsible, satisfying, and safe sex life free of coercion, the capability to reproduce, and the freedom to decide if, when, and how often to do so, and to do so with support and without bias.
 - ❑ Access to appropriate, trauma-informed healthcare services, and medically accurate, inclusive education and information, allowing them to make informed decisions about contraception, pregnancy, childbirth, and the prevention and treatment of reproductive system-related diseases or conditions.
 - ❑ Medical care related to the reproductive system, for example, to treat a sexually transmitted infection, or services that support comprehensive contraception counseling and care, abortion care, and care throughout pregnancy and postpartum.

FAQ

- ❑ Does mental health also include mental wellness? Yes, but priority will be given to programs that provide evidence-based mental health treatment or other therapeutic modalities. Organizations that appear to be tacking a mental wellness component onto an existing program will not be as competitive.
- ❑ How long do you consider postpartum to last? Postpartum is often defined as the first 12 weeks after birth. However, we will leave it up to applicants to submit their definition.

FAQ

- ❑ What staff and indirect costs are allowed? Direct program staff and expenses can be included, as well as other staff and indirect costs (occupancy, marketing, part of leadership staff time, etc.) that can be attributed to the program. However, other staff and indirect costs can't exceed 20% of the total requested amount. If there are multiple partners, the total other staff and indirect costs can't exceed 20% of the total requested amount.
- ❑ Can organization located outside central IN apply? Yes, if it serves central IN. However, we are committed to honoring community voice. Organizations without central IN board members will not be very competitive.

FAQ

- ❑ If my organization's previous application has been declined, can I still apply? Yes. If you have questions talk to Julie Koegel.
- ❑ What outcomes are you seeking? Applicants will tell us how they define success. However, specific quantitative or qualitative outcomes will make your application stronger.

FAQ

- ❑ Is there a minimum requirement of women/girls served who are people of color? No, but those served should be representative of the community.
- ❑ Is there a minimum requirement of board members who are people of color? No, but the board should be representative of the community and the women/girls served.
- ❑ Will applicants present to the Steering Committee? No but you are encouraged to upload a 2-minute video. The Steering Committee found these very helpful. It can be done using your phone.

FAQ

- ❑ What reports will be required? Grantees will complete a final report in the CICF grants portal.
- ❑ How much money is available? The goal is \$200,000+. Last year \$260,000 was awarded.
- ❑ From where do the funds come? Grants from IU Health and other funders, Women's Fund grantmaking dollars and contributions by women in healthcare.
- ❑ Who makes the final grant decisions? The Steering Committee will send a list of potential grantees to donors who will vote. Women's Fund Advisory Board will approve funding decisions.

FAQ

- ▶ Can organization apply under multiple focus areas? No, and an application can only address one focus area.
- ▶ Is Women's Fund willing to fund a pilot program? Yes.
- ▶ My organization is very small and hasn't raised more than \$50,000 in the last two years? Will my application be competitive? Contact Julie Koegel to discuss how your application can be competitive.

FAQ

- ▶ What are the 8 eligible counties? Boone, Hamilton, Hancock, Hendricks, Johnson, Marion, Morgan, Shelby
- ▶ If we request \$50,000 and you determine the ask should be less, will the application be denied automatically, or will you adjust the amount accordingly? Women's Fund reserves the right to provide less funding than requested. The maximum grant in March 2025 was \$45,000.
- ▶ Will you consider holistic programs? Yes if program services/activities they fit in the priority areas.
- ▶ Based on last year's grant cycle, which categories would you like to see more of this year? We have not set any goals relative to this.

FAQ

- ▶ If an organization is located in Decatur County but serves residents in Shelby County, would it qualify? Yes - the applicant would have to provide county-specific data/budgeting.
- ▶ Under the Reproductive and Sexual Health priority area, would you consider programming that occasionally serves trans men with uteruses? Yes
- ▶ Do you prefer funding existing programs that align with the three priority areas, or are you open to new program concepts? We are open to either.
- ▶ What percentage of a program's total cost do you typically fund? There is no set amount.

FAQ

- ▶ Can a portion of the grant budget be allocated toward administrative or operating costs? It can be allocated to administrative costs related to the program.
- ▶ If a fiscal agent is applying on behalf of an organization, is there an allowable administrative fee? A reasonable administrative fee would be allowed.
- ▶ Should we limit our grant request to a certain percentage of the organization's overall operating budget? There is no set percentage.

FAQ

- ▶ Can someone serve as both a grant applicant for their organization's program and a fiscal agent for another organization's application? Yes - discuss with Julie Koegel prior to submitting.
- ▶ For a mental health-focused proposal, is a licensed therapist required to be part of the programming? The program should use evidence-based mental health treatment or other therapeutic modalities. Applicants will be asked to explain how these are used. Including staff qualifications will strengthen the application.

Timeline

Application open October 1 - 31 at 4:00 pm in CICF grants portal

Notification of funding decisions by March 31, 2026

- ❑ Submit application through CICF grants portal.
- ❑ You are encouraged to upload a 2-minute video.
- ❑ Organizations must create or update an existing organizational profile before completing the application. This can be done at any time.
- ❑ Technical/portal questions, contact grantsupport@cicf.org.
- ❑ Other questions contact Julie Koegel at juliek@womensfund.org or 317.696.1933.

Submission Instructions

Questions?

- ❑ November 6 Power of Women at Indiana Roof Ballroom. Speaker will be Glennon Doyle.
- ❑ Thank you for your support of women and girls in our community.

